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ABSTRACT

Published by the Illinois Office of Education, this document lists resource materials and information regarding nutrition education to be used by educators in planning and implementing nutrition programs. These include audiovisual aids (movies, filmstrips, and videotapes), published text materials on health/nutrition, curriculum guides, teacher reference books and cookbooks, major journals in nutrition education, sources of free and inexpensive materials, and games and teacher created materials. A title, the target audience, publisher and address, price and description of contents are provided for each resource listed. (Author/MP)

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# NUTRITION EDUCATION AND TRAINING CURRICULUM MATERIALS

## STATE BOARD OF EDUCATION
## ILLINOIS OFFICE OF EDUCATION

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SPRINGFIELD, ILLINOIS
1979

Donald F. Muirheid, Chairperson
State Board of Education

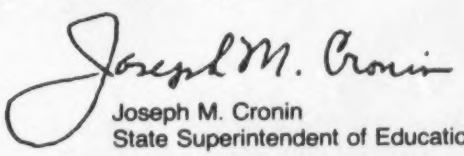
Joseph M. Cronin
State Superintendent of Education

## FOREWORD

The Illinois Office of Education is pleased to make available this publication listing curriculum materials and information regarding nutrition education.

It has been developed to assist educators in planning and implementation of these important programs. This listing is not inclusive of all available nutrition education materials but it is representative of the kinds of materials and information which exist. For further information or assistance, please contact the Program Planning and Development Section in this agency.

I would like to acknowledge the assistance obtained from the Nutrition Education Project of the Northwest Educational Cooperative, Arlington Heights, Illinois in the development of this publication.



Joseph M. Cronin
State Superintendent of Education

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## RESOURCE DOCUMENT

I. Audio-Visual — Movies, filmstrips & videotapes

A. *Type A Menu Success Story*
B. School Food Service Personnel
C. 6-10 minutes (four color filmstrips with sound, 56-110 frames)
D. Nutrition Know-How
Instructional Materials Development
48075 Colony Farm Circle
Plymouth, MI 48170
E. $75.00
F. (1) Why: *Type A Lunch.* — Basic nutrition concepts related to Type A Menu requirements.
(2) How: *To Plan Type A Lunch Menus.* — Step by Step directions based on U.S.D.A. Program Aid No. 719 (Includes 20 menus — ideas based on U.S.D.A. recipes.)
(3) What: *To Plan for Different Age Student Customers.* — Suggestions for planning to meet developmental (physical and emotional) needs of children.
(4) When: *Complete, Are the Menus Excellent?* — Systematic evaluation procedures.

A. *The Great Food Show*
B. K — 3rd
C. 14½ minutes, 16mm color-sound film
D. Kraft, Inc.
Educational Dept. E
P. O. Box 4611
Chicago, IL 60677
E. $100.00
F. A presentation of basic nutrition concepts utilizing animated stories, realistic food photography and live action sequences of children at play.

A. *Doing Great Things*
B. 4th — 8th
C. 14½ minutes, 16mm color-sound film
D. Kraft, Inc. (address above)
E. $100.00
F. A film promoting basic nutrition awareness among youngsters through presentation of athletes and astronauts in training and action. Establishes the fact that astronauts were able to do "great things" with their lives because they had developed good food habits at an early age.

A. *Read The Label, Set A Better Table*
B. K — Adult
C. 14 min., 16mm color film featuring Dick Van Dyke
D. National Audiovisual Center (GSA)
Washington, DC 20409
E. $58.25
F. This is an interesting and informative presentation that shows consumers how to use the nutrition labels to get more value for their food dollars.

A. *Alice in Consumerland* #557
B. K — 3rd
C. 5 Filmstrips with 5 cassettes & Teacher Guides
D. Cypress Publishing Corp.
1763 Gardena Ave.
Glendale, CA 91204
E. $80.00
F. (1) *When There's a Hole in Your Pocket* (budgeting)
(2) *And This Little Bottle Went To Market* (distribution)
(3) *Fables and Labels* (comparison shopping)
(4) *Catch a Commercial TV* (advertising)
(5) *When Things Don't Work* (complaints)

This timely series deals with the problems young consumers encounter: budgeting, comparison shopping, persuasive advertising, defective merchandise. "A good headstart in consumer awareness."

A. *Feeling Fine* #555
B. Pre-K — 3rd
C. 5 Filmstrips with 5 cassettes & Teacher Guides
D. Cypress Publishing Corp. (address above)
E. $80.00
F. (1) *From Head to Toe Our Bodies Go* (anatomy)
(2) *From Magic to Medicine* (medical care)
(3) *Foods To Grow By* (nutrition)
(4) *A Clean Sweep* (cleanliness)
(5) *How Happiness Became Me* (feelings)

Teaches body parts and how they function. It also introduces the principles of sound nutrition and good health practices: preventive health care and personal hygiene. Engaging stories and amusing characters maintain children's interest.

A. *Natural Nutrition*
B. 3rd — 9th
C. 4 Filmstrips with 4 cassettes & Teachers Guide
D. Cypress Publishing Corp. (address above)
E. $72.00
F. (1) *Growing Up Terrific*
(2) *What Keeps You Going?*

I. Audio-Visual — Movies, filmstrips & videotapes (continued)

(3) *What Keeps You Growing?*
(4) *Take Good Care of Yourself*

Teaches that there is a connection between kids' eating habits and their feelings and behavior. The approach is positive. Youngsters are encouraged to assume as much responsibility as they can for their own good eating habits. They're motivated to want natural foods, to reject junk food, and to choose and prepare good food for themselves and others.

A. *The Snacking Mouse*
B. Early Primary Grades
C. 5 min., 41 frames, color, with video cassettes. (narrated by Sterling Holloway)
D. The Polished Apple
3742 Seahorn Drive
Malibu, CA 90265
E. $21.75
F. Laced with humor and loaded with suspense, this is the tale of a mouse who couldn't stop snacking. The purpose of this filmstrip is to discourage young children from excessive snacking, especially to the exclusion of regular meals. Encourages the teacher to introduce a wide variety of nutritious snack foods by including a well-selected bibliography of books on food activities for young children.

A. *Nutrition for Children* (set of 3 color filmstrips)
B. 1st — 4th
C. (1) *The Nutrient Express,* 52 frames, 11 min. with audio cassette
(2) *George Gorge and Nicky Persnicky,* 60 frames, 12 min. with audio cassette.
(3) *Break the Fast,* 45 frames, 7 min. with audio cassette

D. The Polished Apple (address above)
E. $69.75/set of 3
F. (1) Delightful ballads and colorful cartoon drawings tell the story of Nancy, "a little girl who ate the most improper foods." That all changed after a journey aboard a brightly colored train that whisked her away to the Land of Nutrients.
(2) This is a story about a boy and girl whose eating habits were very, very BAD! It is also a story that tells how any child can be healthier and happier by eating well-balanced meals.
(3) Six year old Tommy and his family — all breakfast skippers — learn that breakfast can include many of their favorite foods and that eating breakfast goes hand in hand with the way they look and feel.

A. *Shaping Up* (2 parts)
B. Junior/Senior High Students and Adult Groups
C. Part I — *Diet,* 75 frames, 12 min. with audio cassette
Part II — *Exercise,* 74 frames 11 min. with audio cassette
D. The Polished Apple
E. $59.75/set
F. *Part I* — Learning how to avoid gimmicks and fad diets is one aspect of this filmstrip. Other areas covered include a discussion of basic body builds, genetic heritage, height-weight tables, and health problems associated with obesity. Concludes by describing how to design a personalized calorie control plan, with tips on how to stay motivated.
*Part II* — Only recently has the public accepted exercise as a credible component of a weight control program. People used to believe that it took a lot of moving around to burn up any sizeable number of calories. They also thought that the more you exercised the more you ate. What is the truth? Part II answers these questions and many others. Also included are descriptions of the different types of exercise and the specific benefits of each.

A. *Mulligan Stew*
B. 4th — 6th
C. 30 minutes each, 6 color-sound video cassettes
(1) *The Great Nutrition Turn On*
(2) *Look Inside Yourself*
(3) *The Flim Flam Man*
(4) *Getting It All Together*
(5) *Countdown 4 4 3 2*
(6) *The Racer That Lost His Edge*
D. U. S. D. A.
Office of Communication
Washington, DC 20250
E. Copies of this series were reproduced on Memorex UCA 60 min. video tapes by:
Tele-tine Systems
553 W. Golf Rd.
Arlington Hts., IL 30005
$29.00 each/$87.00 per set of 3
F. (1) The Mulligan Stew Group tackles a "Mission Impossible" task — waking up a sleeping town, moms and dads, firefighter, a mail carrier, barber, bank robber and a cop (lucky for the robber, the cop was sleeping) and, would you believe, a cow too tired to give milk?
(2) The Mulligan Stews have discovered why teenaged sister and brother, Alice and Bobby, have become cranky, tired, and too pooped out to carry on their usual activities

because they have not been eating breakfast.

(3) A Culprit is foiled by Wilber Dooright when he tries to sell fad diets and food pills to the Mulligan Stews.

(4) The Mulligan Stews plan, shop, and prepare a dinner for a world population. Hundreds of guests in native costumes offer their kind of entertainment and fun.

(5) The Mulligans get help from our astronauts in NASA as well as famous research scientists when their mission involves their pal, Wilber Dooright, from a life or death fight with the elements of old Mother Nature.

(6) A fat race car driver (who keeps losing) and his new bride, who keeps stuffing him with "goodies" learn why a healthy body is for champions.

A. *Soopergoop*
B. Primary through Adult
C. 13 minutes, 16mm color-sound film
D. Churchill Films
662 N. Robertson Blvd.
Los Angeles, CA 90069
E. $220.00
F. "Don't forget kids. I can make you want things you don't need and never heard of before!" proclaims Rodney. Rodney, a raffish cat, is an actor in animated TV commercials who proudly reveals the process of promoting SOOPER-GOOP, a new breakfast cereal. First to the laboratory where the food value comes out, the sugar goes in, and vitamins are dropped on. Then to Charlie, the Ad Man, where they cunningly concoct a TV commercial.

A. *Look Before You Eat*
B. 6th — Adult
C. 22 minutes, 16mm color-sound film
D. Churchill Films
662 N. Robertson Blvd.
Los Angeles, CA 90069
E. $330.00
F. A critical examination of our eating habits and their relationship to our health. Nutritionists comment on the relation of our diet to a number of major diseases, and how advertising and food industry promotion affect our food choices.

A. *For Tomorrow We Shall Diet*
B. 9th — Adult
C. 24 minutes, 16mm color-sound film
D. Churchill Films
662 N. Robertson Blvd.
Los Angeles, CA 90069
E. $350.00
F. A young woman, confused by fad diets, seeks advice from her doctor on how to lose 20 pounds. The film follows her through her experiences in learning to change her eating habits and reduce caloric intake while maintaining proper nutrition. The film also suggests ways of staying on her diet at restaurants and parties. Interwoven with this story is information on exercise and its relationship to burning up calories and ultimately weight loss. The dangers of fad diets are also discussed.

A. *Eat, Drink and Be Wary*
B. 6th — Adult
C. 21 minutes, 16mm color-sound film
D. Churchill Films
662 N. Robertson Blvd.
Los Angeles, CA 90069
E. $315.00
F. Shoppers, cooks, kids and critics vent their views on our eating habits and on processed foods which now make up much of our diet. The nutritional losses from processing and the refining of grain and rice are explored. The reasons for increased use of food additives and the controversies over such additives as nitrites and food colorings are examined. A sour look is taken at the high sugar content in foods, especially breakfast cereals. The role of advertising in changing our food habits is dramatically illustrated. The film encourages a good, basic diet containing a high proportion of unprocessed, natural foods.

A. *The Feel Good Movies* (Series of 3)
B. Primary
C. 6 minutes each, 16mm color-sound films
D. Churchill Films
662 N. Robertson Blvd.
Los Angeles, CA 90069
E. $280.00/series of 3
F. (1) *The Eating Feel Good Movie:* Food becomes a visual delight and eating is fun from the opening moment when children arrive for a dress-up "tea party." Despite the affective emphasis, food groups are clearly shown.

(2) *The Washing Feel Good Movie:* Getting clean is a sensuous pleasure, and getting dirty is both fun and funny from the opening moment when a prim young lady gets slammed in the face with a cream pie. No lectures.

(3) *The Sleeping Feel Good Movie:* Energy ripples off the screen from "feel good" children.

I. Audio-Visual — Movies, filmstrips & videotapes (continued)

A. *Winnie the Pooh, Nutrition and You*
B. K — 6th
C. 6 color filmstrips, 6 records OR cassettes, teacher's guide, and 12 spirit masters
D. Walt Disney
Educational Media Company
500 South Buena Vista Street
Burbank CA 91521
E. $132.00
F. This series gives students a solid basis for choosing foods to help them stay as alert, as bright, as energetic, and as healthy as they can be. It teaches youngsters how to eat a balanced diet, suggests experimentation with unfamiliar foods, stresses the importance of exercise, of breakfast, and healthy snacks, and explains how nutrition effects growth, vitality, and body maintenance.

A. *Nutrition: Food, Fads, Frauds, Facts*
B. No age level given
C. Film: 3 parts (1974)
D. Illinois Office of Education
Media and Resources Center
100 North First Street
Springfield, IL 62777
E. Materials may be borrowed by Illinois educators for a one-week period. Materials will be mailed United Parcel Service a week prior to the usage date and must be returned to the Media and Resources Center by the DATE DUE stamped on the material.
F. Part I reviews American eating habits; attitudes toward being overweight, slim; social aspects of food; socio-economics of food marketing. Part II explores the development of personal tastes, reasons for overeating, dieting and changing eating habits. Part III discusses basic nutrition, vitamins and minerals, major food groups, guidelines for good eating.

A. *The Big Dinner Table*
B. K — 6th
C. 10 minutes, film, 16mm (1968)
D. Perennial Education, Inc., and the National Dairy Council. Produced by Dairy Council of Los Angeles, California.
E. $165.00
F. Nutrition awareness film.

A. *Eat Right to Your Heart's Delight*
B. No grade level given
C. 12-15 minutes each; six films available in 16mm; 8mm cassette; video tape
D. This series of films is available at your local Illinois Center for Educational Improvement Center, the Illinois Office of Education or contact:
International Producers Services
3518 Cahuenga Blvd.
West Hollywood, CA 90068
E. Films on loan; can purchase at $220.00 each or all six at $1,100.00
F. Series of six films:
(1) *Meals in a Half Hour* — this film gives many time-saving hints on the selection of foods, meal planning, and advance preparation.
(2) *Meatless Menus* — emphasis on complementary proteins, with descriptive art work to show the eight essential amino acids and how they are completed by proper combinations of proteins in each meal.
(3) *New Ways With Chicken* — steps for economical use of chicken.
(4) *Modifying Recipes to Control Saturated Fats and Calories* — this film shows the principles of recipe modification.
(5) *Low Fat Meat Preparation* — a complete guide to the use of leaner cuts of beef with emphasis on selection of meat, proper trimming and deboning, and preparation techniques.
(6) *Seafood Specialties* — film encourages the use of more seafoods with beautifully presented dishes and easy, tasty recipes.

A. *The Nutrition Series*
B. Primarily for use in jr. high grades, but useful in upper elementary and high school
C. 6 color sound filmstrips
D. McGraw-Hill Films
Dept. BB
1221 Avenue of the Americas
New York, N.Y. 10020
E. 6 color filmstrips, 6 LP records, teacher's guide $115
6 color filmstrips, 6 cassettes, teacher's guide $115
F. A nutrition education awareness series.

The following is a list of films that are available on a rental basis from the Learning Resources Service, Southern Illinois University, Carbondale, Illinois 62901. Telephone (618) 453-2258 Monday through Friday. (NOTICE: Written confirmation of telephone orders is required.)

A. *Better Breakfasts, U.S.A.* (1964)
B. Intermediate, Jr. High, Sr. High
C. 11 minutes; color; order no. 2-0186
D. Rental from SIUC
E. Rental fee $4.75

I. Audio-Visual — Movies, filmstrips & videotapes (continued)

F. Has two basic themes: importance of an adequate breakfast for teen-agers, and breakfast cereal's contribution to the morning meal.

A. *Changing Food and Changing Times* (1977)
B. Jr. High, Sr. High, College (Adult)
C. 16 minutes; color; order no. 4-2428
D. Rental from SIUC.
E. Rental fee $4.75
F. Describes the effects of today's lifestyles and work patterns on food choices and breakfast.

A. *Eat Well, Grow Well* (1963)
B. Primary
C. 11 minutes; color order no. 2-0474; b/w order no. 1-0474
D. Rental from SIUC
E. Rental fee: color $6.10; b/w $4.75
F. Combining the color and excitement of a circus performance with a sound lesson in nutrition, this film presents the four basic food groups and emphasizes the importance of eating the right foods in the proper amounts.

A. *Food to Live and Grow* (1975)
B. Primary, Intermediate, Jr. High
C. 14 minutes, color, order no. 4-2440
D. Rental from SIUC
E. Rental fee $8.35
F. We live more satisfying lives if we eat a variety of foods to give us enough energy and materials we need to grow.

A. *Good Eating Habits* (1972)
B. Primary, Intermediate
C. 11 minutes, color, order no. 2-2484
D. Rental from SIUC
E. Rental fee $7.15
F. Humorous comparisons between the "bad" eating habits of zoo animals and the good eating habits of children show how good eating habits contribute to more pleasant mealtimes and better health.

A. *Snacks Count Too!* (1975)
B. Intermediate, Jr. High, Sr. High
C. 10 minutes, color, order no. 2-2618
D. Rental from SIUC
E. Rental fee $6.75
F. Examines the factors that lead to excess snacking and discusses the nutritive value of popular snack foods.

II. Published text materials on health/nutrition

Laidlaw Brothers
Order Processing Dept.
Thatcher and Madison
River Forest, IL 60305

This series is entitled *The Healthful Living Program* for K-8. Tests ($.66) and Answer Keys ($.06) are available for grades 3-8. Teachers Editions (*TE) are also available for grade levels K-8.
*Healthful Living for Today and Tomorrow* is the high school text. A Teachers Edition (*TE) is also available.

Texts now available through Laidlaw:

A. *The Healthful Living Program*, Study Prints #4599
B. K — 1st
C. Laidlaw Brothers, 1977
D. $21.36 *(TE included in price)
E. These study prints are accompanied with a teachers guide book. Each one of the 24 color prints provide a complete Health Readiness Program. Prints 18 and 19 focus on Nutrition. Food groups, meal time and reasons for eating food are all discussed. Activities, questions and games are provided.

A. *Your Health* #4531
B. 1st
C. Laidlaw Brothers, 1977
D. $4.41 (*TE $4.41 #4541)
E. This text has four chapters that discuss nutrition. Chapter 1, "Eating a Good Breakfast," promotes the importance of the family unit enjoying a good breakfast. Chapter 3, "Eating Good Meals," offers an opportunity to discuss how eating a good meal will help you grow. Chapter 6, "Breakfast and Lunch," offers enrichment once again reinforcing how you feel when you enjoy a good well balanced meal. Chapter 8, "Ask Before Eating and Drinking," a child should understand the importance of checking with an adult before taking food on their own.

A. *Being Healthy* #4532
B. 2nd
C. Laidlaw Brothers, 1977
D. $4.98 (*TE $5.25 #4542)

II. Published text materials on health/nutrition (listed by publisher) (continued)

E. Chapter 1, "Eating Good Meals," raises the discussion of healthy attitudes about eating foods that are good for you. Chapter 6, "Eating Many Foods," is a thorough unit devoted to helping children acquire certain information i.e., developing concepts, attitudes and behaviors which will enable them to understand the importance of selecting foods from a variety of food groups.

A. *Your Health and You* #4533
B. 3rd
C. Laidlaw Brothers, 1977
D. $5.52 (*TE $5.95 #4543)
E. Chapter 6, "Food and You," discusses in detail different kinds of food that children may enjoy eating. Food groups are shown and the importance of food variety is stressed. Digestion is explained and diagrammed.

A. *Keeping Healthy* #4534
B. 4th
C. Laidlaw Brothers, 1977
D. $5.52 (*TE $5.94 #4544)
E. Chapter 6, "Eating For Good Health," gives a detailed discussion of different kinds of food and what they look and taste like. Proteins, minerals, carbohydrates and vitamins are explained through food groupings. The chapter also gives the pupils a good understanding and an opportunity to explore how vitamins help maintain good health.

A. *Growing Up Healthy* #4535
B. 5th
C. Laidlaw Brothers, 1977
D. $5.55 (*TE $5.97 #4545)
E. Chapter 6, "Food and Your Health," is a descriptive unit in which pupils are taught how eating good meals will help give them the nutrients that are necessary to stay healthy. The role of the digestive system in nutrition is explained. Good health practices are stressed. Diagrams on the circulatory system and its function in nutrition are explained. Wise food choices from different food categories aid in the understanding of maintaining good health.

A. *Health for Living* #4536
B. 6th
C. Laidlaw Brothers, 1977
D. $5.97 (*TE $6.18 #4546)
E. This text has a concentrated unit on nutrition. Chapter 6, "Nutrients and Your Health," is divided into four sections. Nutrients from a variety of foods are discussed. The importance of a balanced diet through food groups is listed. Food preparation is also described with photographs to help enhance ideas. Teaching pupils about food through investigation of food sources in the community are also described.

A. *A Healthier You* #4537
B. 7th
C. Laidlaw Brothers, 1977
D. $6.60 (*TE $7.08 #4547)
E. Unit 7, "The Importance of Food," discusses in detail the importance of food for survival. The unit then goes on to discuss cell structure and development through the intake of nutrients. Several nutrients are described. Digestion is also reviewed in more detail. Food supply and its significance in the world and its population are smoothly worked into the unit.

A. *Your Health and Your Future* #4538
B. 8th
C. Laidlaw Brothers, 1977
D. $6.60 (*TE $7.08 #4548)
E. Unit 7, "Nutrition and Your Health," explores food and nutrition through food groupings, balanced diets, and the proper nutrients needed to keep a body healthy. Problems due to lack of appropriate vitamins and nutrients are described in some detail. Fad diets are also brought into play. The significance of researching diets is of utmost importance and stressed to pupils.

A. *Healthful Living for Today and Tomorrow* #4970
B. 9th — 12th
C. Laidlaw Brothers, 1977
D. $8.94 (*TE $9.63 #4971)
E. Chapter 18, "Malnutrition," provides some good information about nutrition which is becoming available to consumers. Preparation and consumption of foods along with their protein content are described in detail. Malnutrition throughout the world, as well as in our own country, is brought to light. The importance of exercise is stressed and probable causes of overweight are explored due to a lack of proper dieting and exercise.

II. Published text materials on health/nutrition (listed by publisher) (continued)

Scott Foresman
1900 E. Lake Avenue
Glenview, IL 60025

This series is entitled *You and Your Health* for K-8. An Activity Book with exercises for home and school is available for grades 1-8 ($.81) and an Annotated Teacher Edition (*TE) is also available.
*Health: A Way of Life,* is the high school text. A Teachers Edition is available (*TE).

Texts now available through Scott Foresman:

A. *You and Your Health* #11000-177
B. K
C. Scott Foresman, 1977
D. $1.71
E. This text is an activity booklet filled with colorful pictures and interesting activities which can be torn out. There are five units on nutrition. The importance of breakfast and lunch is explored. Vitamin C is introduced. Snacking is also discussed.

A. *You and Your Health* #11002-877
B. 1st
C. Scott Foresman, 1977
D. $4.47 (*TE $5.28 #11010-977)
E. Unit 4, "Your Food and Your Teeth," focuses in on some important health needs of young children. The importance of eating a good breakfast and trying new foods is brought forth. Youngsters are also given beginning steps in learning about consumer health through media interplay.

A. *You and Your Health* #11003-677
B. 2nd
C. Scott Foresman, 1977
D. $4.77 (*TE $5.76 #11011-777)
E. Unit 3, "About Your Health Questions," centers around health questions. Eating, sleeping and exercising right help one grow. Different food groups are examined and types of foods families eat are discussed.

A. *You and Your Health* #11004-477
B. 3rd
C. Scott Foresman, 1977
D. $5.28 (*TE $6.24 #11012-577)
E. Unit 5, "Learning About Foods and Teeth," has nine specific chapters dealing with well planned diets and food preparation. A daily food guide is also considered, as well as trying unfamiliar foods.

A. *You and Your Health* #11005-277
B. 4th
C. Scott Foresman, 1977
D. $5.28 (*TE $6.63 #11013-377)
E. Unit 4, "Staying Healthy," has five chapters dealing specifically with selecting foods. Different food groups and planning a well balanced meal are considered. The importance of food and how it affects your body i.e., being cross, tired or restless is also explored.

A. *You and Your Health* #11006-077
B. 5th
C. Scott Foresman, 1977
D. $5.55 (*TE $6.63 #11014-177
E. Unit 5, "How Your Body Uses Food," has several chapters focusing on food intake and digestion. Nutrients are categorized and discussed. Balanced diets are stressed. Simple recipes, as well as the concept of what constitutes an adequate daily diet, are shared.

A. *You and Your Health* #11007-977
B. 6th
C. Scott Foresman, 1977
D. $5.55 (*TE $6.63 #11015-X77)
E. Unit 4, "Health Questions Answered," has several chapters on nutrition. Nutrients and their effect on the body are discussed as well as where nutrients are derived from. The importance of eating three balanced meals is explained through proper diet planning.

A. *You and Your Health* #11008-777
B. 7th
C. Scott Foresman, 1977
D. $6.39 (*TE $7.47 #11016-877)
E. Unit 3, "Consumer Skills," and Unit 5, "Exercise, Sleep and Nutrition," have several chapters on nutrition. The importance of looking for both quality and value are stressed. Tips on food shopping and what to look for on labels are explained. Nutrition and its effect on our bodies is expressed through food groupings, calorie counting and individual physical growth.

A. *You and Your Health* #11009-577
B. 8th

II. Published text materials on health/nutrition (listed by publisher) (continued)

C. Scott Foresman, 1977
D. $6.39 (*TE $7.47 #11017-677)
E. Unit 2, "Personal Health Concerns," and Unit 5, "Consumer Guides," have chapters concerned with nutrition. Adequate diets and what importance they provide to a healthy, active body are stressed. Food groups and the nutrients they provide are shown. Food labels, ingredients and food substitutes are discussed. Keeping foods fresh and preparing foods are included as well.

A. *Health: A Way of Life* #13200-579
B. 9th — 12th
C. Scott Foresman, 1977
D. $8.97 (*TE $10.98 #13201-379)
E. This test is designed to discuss the many health variables which are relevant to our society. Chapter 5, "Nutrition and You," discusses the various kinds of foods and their effect upon our bodies. Nutrients, vitamins, and well balanced food groups are stressed. Digestion and what it means to the body is also explained and diagrammed. Calorie intake and weight watching are also an important part of the Unit.

Steck-Vaughn Co.
Box 2028
Austin, TX 78768

This series is a sequential Health Program for grades 2 through 8 consisting of workbooks. *Focusing on Health* is the high school text. A Teachers Edition (*TE) is available for the high school text.

Texts now available through Steck-Vaughn Co.

A. *Your Growth* #0479-X
B. 2nd
C. Steck-Vaughn Co., 1975
D. $1.53
E. This workbook has one unit on nutrition. Unit 3, "Foods That Help Us Grow," has limited coverage on different foods.

A. *Growing and Changing* #0480-3
B. 3rd
C. Steck-Vaughn Co., 1975
D. $1.53
E. This workbook has one unit on nutrition. Unit 2, "Growing and Keeping Well," has several workbook pages on food groupings.

A. *Your Healthy Body* #4081-1
B. 4th
C. Steck-Vaughn Co., 1975
D. $1.53
E. This workbook's Unit 5, "Keeping Fit Every Day," gives some insight into proper body functioning. The importance of keeping fit is stressed. There are written exercises on these two areas.

A. *Your Growing Body* #4082-X
B. 5th
C. Steck-Vaughn Co., 1975
D. $1.53
E. This workbook has 3 units dealing with nutrition. Unit 3 uses nutrition to aid in the explanation of the digestive and circulatory systems. Unit 4 uses nutrition and foods to stress their significance with body development. Unit 5 uses food as an important component for a healthy, active body.

A. *Your Health* #4083-8
B. 6th
C. Steck-Vaughn Co., 1975
D. $1.53
E. This workbook's Unit 4, "Food and Nutrition," discusses foods that have the essential nutrients, proteins and minerals needed to maintain a healthy body. Food groups are discussed and written exercises are used to reinforce these concepts.

A. *Better Health* #0484-6
B. 7th
C. Steck-Vaughn Co., 1975
D. $1.53
E. This workbook's Unit 3, "Better Foods for Better Health," has some readings on the nutrients and calories contained in the basic food groups. Malnutrition is also included within the unit. There are many written exercises for the students to use.

A. *Keeping Your Health* #0485-4
B. 8th
C. Steck-Vaughn Co., 1975
D. $1.53
E. This workbook's Unit 2, "Build a Healthy Body," contains some information on having a healthy body and keeping it that way through appropriate diet and activity i.e., exercise.

II. Published text materials on health/nutrition (listed by publisher) (continued)

A. *Focusing on Health* #0624-5
B. High School
C. Steck-Vaughn Co., 1975
D. $9.15 (*TE $9.15 #0625-3S)
E. This text has two chapters on nutrition. Chapter 8, "Selecting Nutritious Foods" and Chapter 9, "Calories and Weight." Chapter 8 presents an overview of components that make up a nutritious diet. Food groupings, diet planning and vitamins are discussed. Chapter 9 discusses caloric intake and weight control.

Harcourt Brace Jovanovich (Midwest Region)
7555 Caldwell Avenue
Chicago, IL 60648

This series is entitled *Health Decisions for Growth* for grade levels K-6th. A Teacher Edition (*TE) is available for each grade level. *Your Health and Safety for Better Living* is the high school text. Teaching tests ($2.55 #369-520-X) are available for this text.

Texts now available through Harcourt Brace Jovanovich

A. *As You Grow* #369625-7
B. 1st
C. Harcourt Brace Jovanovich, 1977
D. $4.50 (*TE $5.49 #369634-6)
E. Part Two, "Having Energy," gives a brief overview of food groupings. Different cultures and types of foods families eat are briefly discussed.

A. *You Make Choices* #369626-5
B. 2nd
C. Harcourt Brace Jovanovich, 1977
D. $4.50 (*TE $5.49 #369635-4)
E. Part Three, "How Food Helps," gives a lesson on how the body uses protein, fats, starches and sugar. They also get an overview of foods that are necessary for promoting good health.

A. *At Your Best* #362927-3
B. 3rd
C. Harcourt Brace Jovanovich, 1977
D. $5.10 (*TE $6.09 #36936-2)
E. Unit 3, "Making Careful Choices," children learn the importance of proper food choices. They are introduced to many of the elements found in foods. Nutrition and how it's derived through proper diet are also explored. The end of the text has a chart listing foods we need and what they do for us.

A. *You Learn and Change* #369628-1
B. 4th
C. Harcourt Brace Jovanovich, 1977
D. $5.10 (*TE $6.09 #36937-0)
E. Unit 3, "Understanding Who You Are," has one page, "The Balanced Diet" which briefly discusses how diet influences our personality. The end of the book has a chart on Nutrients we need.

A. *Balance in Your Life* #369629-X
B. 5th
C. Harcourt Brace Jovanovich, 1977
D. $5.10 (*TE $6.09 #369638-9)
E. Unit 2, "Stress and Strength," discusses how eating properly will help protect against stress. Food groups are explored, nutrients are identified and consequences of a poor diet are discussed. A nutrient chart is also included at the end of the book.

A. *Toward Your Future* #369630-3
B. 6th
C. Harcourt Brace Jovanovich, 1977
D. $5.55 (*TE $6.54 #369639-7)
F. Part 2, "Learning How Your Body Responds," helps children recognize the correlation between proper eating habits and good health. Physical, social and emotional components are brought into play. Diet, calories and nutrition are discussed as well as the importance of knowing your body and recognizing its inner time clock. A list of nutrients is also included at the end of the book.

A. *Your Health and Safety for Better Living* #369518-8
B. High School
C. Harcourt Brace Jovanovich, 1977
D. $9.60
E. Chapter 3, "The Foods You Eat," probe into nutrition and vitamins. Essential nutrients are explored through different food groups. Chapter 4, "A Balanced Diet," discusses caloric intake. Chapter 14, "Digestion," explores the many factors that influence how the digestive system functions.

Cebco Standard Publishing
9 Kublick Road
Fairfield, NJ 07006

*Tune In to Health* is a high school text. A Teachers Manual (*TM) is available. A free booklet on *Sexuality* is included with the text.

II. Published text materials on health/nutrition (listed by publisher) (continued)

Texts now available through Cebco Standard Publishing

A. *Tune In To Health* #00906
B. High School
C. Cebco Standard Publishing, 1974
D. $5.95 (hard cover) $2.65 (soft cover) (*TM $3.50 #00909)
E. Chapter 3, "Feeling Fine," deals primarily with diet and weight control. The values of the four basic food groups for a balanced diet are explored. Metabolism, individual energy needs and food fads are examined. Chapter 6, "Your Body Dynamics," discusses the digestion of foods in the body and diagrams of the digestive and respiratory systems are described in detail.

Milk Foundation
150 N. Wacker Dr.
Chicago, IL 60606

*Food — Your Choice* — is a sequential nutrition learning system for students K-6th. The nutrition concepts in *Food — Your Choice* are adaptable to the developmental stages of children at various grade levels. Student share packets are available from the Milk Foundation at $4.00 per packet/per grade level.

Materials now available through The Milk Foundation

A. *Food — Your Choice,* Level 1
B. K — 2nd
C. Milk Foundation
D. $10.00
E. Gives the student his/her first exposure to formal nutrition. Good questions are designed to help the student center in on basic nutrition. Activities are also provided to help children develop skills they can apply in preparing simple foods.

A. *Food — Your Choice,* Level 2
B. 3rd — 4th
C. Milk Foundation
D. $10.00
E. Extends the study of the four basic food groups through food comparisons, food classifications, lifestyles and consequences of not eating correctly. The activities are motivating due to the activity center portion of the program.

A. *Food — Your Choice,* Level 3
B. 5th — 6th
C. Milk Foundation
D. $10.00
E. Focuses in on the factors that influence food decisions. The material at Level 3 helps the student to understand and evaluate factors that influence eating patterns. The learning activities encourage wise food choices.

III. Curriculum guides

A. *F.O.O.D. for Thought* #D400
B. K — 3rd
C. American School Food Service Association (ASFSA)
4101 Iliff Avenue
Denver, CO 80222
D. $5.00
E. *F.O.O.D. for Thought* is a series divided into 4 areas. Nutrition is the first Unit and is specially put together with activities and nutritional experiences for teachers to use in the classroom. Each section of nutrition states a purpose and includes objectives, materials and procedures. Special activities are listed to culminate each new concept. Food groups, food preservation, nutrients, calories, eating habits, food awareness, preparation, physical and emotional attitudes are explored.

A. *F.O.O.D. for Thought* #D410
B. 4th — 6th
C. American School Food Service Association (ASFSA)
4101 Iliff Avenue
Denver, CO 80222
D. $5.00
E. This is a continuing series prepared for age levels 9 through 11. Again, it is divided into 4 areas. Nutrition is the first Unit with a broader study of nutrition. There are eight lessons in each group. For each activity, one objective is stated — activities, materials and time needs are specified. Major listening skills, speaking, reading, writing and computing are focused upon. The information in the first series (#D400) is expanded upon in greater detail for this grade level.

A. *Nutrition Education,* 1976
B. K — 6th
C. Supervisor of Public Instruction
Division of School Food Services
State Capitol
Helena, MT 59601
D. N/C
E. *Nutrition Education* is a curriculum guide for

teachers who wish to expand nutrition education into other subject areas. The basic layout of each section is: 1) a broad, general concept 2) specific behavioral objectives 3) teaching aids that answer behavior objectives, as well as supply the teachers with additional information 4) learning experiences relative to behavioral objectives 5) possible subject areas in which learning experiences can be included.

A. *Framework for Nutrition Education,* 1975
B. K — 6th
C. State Dept. of Education
School Food Service Section
Div. of Admin. & Finance
410 State Office Bldg.
Montgomery, AL 36104
D. $1.00 (K — 2nd) *Discovering Vegetables*
$1.00 (3rd — 4th) *Food Choices*
$1.00 (5th — 6th) *Nutrition Trek*
E. Each section, K-2nd, 3rd-4th and 5th-6th, contains a sequential portion for learning. Concepts are naturally expanded for the different levels to help strengthen understanding. Learning experiences are suggested for each concept. Evaluations are also included with each objective. This guide may be used in its entirety or selected portions can be chosen.

A. *Teaching Nutrition: A Resource Guide for Nutrition Education In the Elementary School,* 1974
B. K — 6th
C. New Hampshire Dept. of Education
State House
Concord, NH 03301
D. N/C
E. A resource guide for nutrition education. It is designed to help integrate nutrition information within school curriculum. Basic concepts and generalizations are stated and student performances are identified. Participation of school food service managers, the school nurse and other school personnel are necessary for accomplishment of activities. Parental participation is also very important for reinforcement. The material is divided into two units, K-3rd and 4th-6th.

A. *Food With Food Facts*
B. K — 3rd
C. State of Delaware
Dept. of Public Instruction
Dover, DE 19901
D. N/C
E. A teachers guide for nutrition education. It is meant to supply some of the resources available for carrying out a good nutrition program. This primary school guide presents an opportunity to involve children in an understanding of nutrition through experiences and activities in the home, school and community.

A. *Let's Teach Nutrition*
B. K — 6th
C. Ernestine A. McLeod
Dept. of Education
Little Rock, AR 72201
D. N/C
E. A sequential composite of nutritional educational subject matter and methods. Basic food groups, nutritive values derived from each, as well as the effect they have on the human body, are discussed. This publication provides ideas, suggestions, methods and techniques which have been tested by classroom teachers. Level K — 3rd focuses on development of positive attitudes towards food. Level 4th — 6th focuses more upon the scientific aspects of nutrition education. Learning activities and resources are sequentially developed.

A. *Nutrition Instructors Guide for School Food Service Personnel,* 1975
B. Food Service Personnel & Teachers
C. Florida Dept. of Education
Tallahassee, FL 32302
D. $3.51
E. Curriculum designed to aid teachers by giving suggestions for classroom activities, evaluation instruments and sources of additional information for both the instructor and students. This guide can also help equip the school food service worker with: a) information about nutrition to help in personal food choices b) sources of technical information for evaluation of publications and advertising c) for food choices, nutrient needs and food compositions for all ages.

A. *Learning About Nutrition*
B. Preschool
C. State Board of Education
Illinois Office of Education
100 N. First Street
Springfield, IL 62777
D. N/C
E. A nutrition manual developed to assist day care teachers in their role in instilling positive nutritional habits in children. Each lesson states teaching objectives, activities, teachers' preparation and equipment. Coloring book activities

are also included which can be incorporated within any of the lessons.

A. *Learning Nutrition Through Discovery*
B. K — 6th
C. Duplicating Services
Cornell University
Ithaca, NY 14850
D. $1.75
E. A teachers guide for grade levels K-6th. Most activities suggested for grade levels K-3rd deal with food experiences which are designed for a classroom setting. Two basic concepts are stressed, 1) positive attitudes toward eating many types of foods 2) developing a basic understanding about the food they eat and how it is related to their health. The activities in nutrition for levels 4th-6th deal with food experiences and attitudes as well. Concepts in biology and science, where nutrition is concerned, are also incorporated.

A. *Food, Life Depends on It*
B. Intermediate 4th — 6th
C. Westside Community School
909 76th Street
Omaha, NE 68114
D. $3.00
E. A teachers guidebook with mini units on health. Major concepts are listed at the beginning of each unit. These concepts are followed by behavioral objectives. Many learning experiences are suggested for the classroom. Film listings and resources are available at the end of each unit.

A. *Health Education,* 1974
B. K — 12th
C. Commercial-Educational Distributing Services
P. O. Box 8723
Portland, OR 97208
D. N/C
E. A collection of possible health education goals. This collection assists the teacher in choosing some of the goals which might best fit his or her students levels of learning. Each area of *Health Education,* specifies grade levels as well as goals.

A. *P.A.C. — Nutrition Experience,* 1965
B. Preschool
C. Belleville Public Schools
District #118
Belleville, IL
D. N/C
E. A booklet which is designed to help the classroom teacher introduce good nutrition principles, experiences with major food groups, activities in food preparation and serving methods. Activities are designed to help achieve these goals. Emphasis upon motor skills and language skills are stressed.

A. *Nutrition in a Changing World* (29 Units)
B. Early Childhood
C. The Nutrition Foundation
Office of Educ. & Public Affairs
888 Seventeenth St., N.W.
Washington, DC 20006
D. $9.00
E. A curriculum designed for preschoolers. The 29 units are sequentially presented. Each unit has a title and a rationale which tells the teacher what will be taught, prerequisites (tells the teacher what materials are necessary), preassessments (quick tests to help the teacher decipher levels of knowledge for the child), objectives, activities and postassessments are also offered.

A. *Nutrition in a Changing World*
B. Primary K — 3rd
C. The Nutrition Foundation
Office of Educ. & Public Affairs
888 Seventeenth St., N.W.
Washington, DC 20006
D. $6.00
E. Uses the same format as early childhood (above), however, sequentially increases learning scope with age.

A. *Nutrition in a Changing World* (Unit I — 8 lessons)
B. Intermediate
C. The Nutrition Foundation
Office of Educ. & Public Affairs
888 Seventeenth St., N.W.
Washington, DC 20006
D. $6.00
E. Uses the same format as above, however, gives a more indepth study of nutrition.

A. *Try Something New*
B. 9th — 12th
C. New York State College of Human Ecology
C/O Duplicating Services
Ithaca, NY 14850
D. N/C
E. A series of activities and lessons which are directed towards youths between the ages of 9 and 12. Emphasis is placed upon foods that

youths prepare and eat and the vitamins they receive everyday. There are 22 lessons available to the teacher, however, it is pointed out that all of these activities need not necessarily be used. The teacher can use his/her discretion when choosing lessons for his/her class.

A. *Making Nutrition Education Count: A Guide for Nutrition Education,* 1975
B. K — 6th
C. Minnesota Instructional Materials Center
2300 Century Avenue North
White Bear Lake, MN 55110
D. $12.50
E. A curriculum which helps teachers teach a concept in one lesson. Each grade level has a different set of activities designed for that levels interest. Each activity is sequentially taught. The activities involve oral communication skills, dramatic and written skills on nutrition.

A. *Bright Eyes and the Good Food Gang,* 1975
B. Preschool
C. Oregon State University Extension Service
Corvallis, OR 97331
D. No price listed
E. Critique not available at this time.

A. *Child Day Care Manual,* 1974
B. Preschool
C. Arizona Department of Health Services
Bureau of Maternal and Child Health
200 N. Curry Road
Tempe, AZ 85281
D. No price listed
E. Critique not available at this time.

A. *Food for Little People,* 1973
B. Preschool
C. City of Berkeley Department of Public Health
Berkeley Unified School District
Early Childhood Education Program
Berkeley, CA
D. No price listed
E. Critique not available at this time.

A. *Guide to the Weight Reduction Program,* 1978
B. Preschool
C. State of Florida Department of Education
Tallahasse, FL 32304
D. No price listed
E. Series of four booklets.

A. *Food Fun for Teaching Nutrition,* 1976 — Fran White
B. K — 3rd
C. State of Louisiana Department of Education
School Food Service
P.O. Box 44064
Baton Rouge, LA 70804
D. No price listed
E. Critique not available at this time.

A. *Food — Your Choice,* 1976
B. K — 6th
C. National Dairy Council
Rosemont, IL 60018
D. No price listed
E. Critique not available at this time.

A. *Health — Curriculum Materials, Grades K — 3rd,* 1970
B. K — 3rd
C. State Education Department
University of the State of New York
Curriculum Development Center
Albany, NY 12224
D. No price listed
E. Critique not available at this time.

A. *Health For You and Others,* 1975
B. K — 3rd
C. Westside Community Schools
909 South 76th Street
Omaha, NB
D. No price listed
E. Critique not available at this time.

A. *Nutrition and Health K — 3rd,* 1974
B. K — 3rd
C. Oklahoma State Department of Education
Curriculum Improvement Commission
2500 N. Lincoln Blvd.
Oklahoma City, OK 73105
D. No price listed
E. Critique not available at this time.

A. *Nutrition Education Curriculum Guidelines for K — 2nd,* 1969
B. K — 2nd
C. Upper Darby School District
Upper Darby, PA 19084
D. No price listed
E. Critique not available at this time.

A. *Nutrition in Kindergarten,* 1970
B. Kindergarten
C. Cleveland Health Museum and Education Center
8911 Euclid Avenue
Cleveland, OH 44106

III. Curriculum guides (continued)

D. No price listed
E. Critique not available at this time.

A. *Nutrition in the Early Childhood Setting*, 1976
B. Early Childhood
C. Arizona Child Development Associates Training Program
Pinal County Community College District
Coolidge, AZ 85228
D. No price listed
E. Critique not available at this time.

A. *Sue Kangaroo — Fun With Nutrition*, 1975
B. K — 3rd
C. Oregon State University Extension Service
Corvallis, OR
D. No price listed
E. Critique not available at this time.

A. *Elementary Nutrition Education Guide*, 1972
B. K — 6th
C. Santa Fe Public Schools
Santa Fe, NM
D. No price listed
E. Critique not available at this time.

A. *Food and You*, 1977
B. K — 6th
C. Pennsylvania Curriculum Series on Nutrition
PA Dept. of Education
Bureau of Administration and Management of Support Services
Harrisburg, PA
D. No price listed
E. Critique not available at this time.

A. *A Guide For Teaching Nutrition — Grades One Through Seven*, 1969
B. 1st — 7th
C. University of Georgia
Athens, GA 30601
D. No price listed
E. Critique not available at this time.

A. *A Guide for Teaching Nutrition in the Elementary Schools*
B. K — 6th
C. Washoe County School District
425 East Ninth Street
Reno, NV 89502
D. No price listed
E. Critique not available at this time.

A. *Guide to Nutrition Education (Grades 1-6)*, 1971
B. 1st — 6th
C. Ohio State University
Columbus, OH 43210
D. No price listed
E. Critique not available at this time.

A. *Nutrition Education: A Cooperative Effort*, 1976
B. Teacher guide K — 6th
C. Massachusetts Dept. of Education
Boston, MA 02202
D. No price listed
E. Critique not available.

A. *Nutrition Education in the Elementary Schools*
B. K — 6th
C. Missouri Home Economics Association
Jefferson City, MO
Mrs. Joyce Taylor
Rt. #3
Fayette, MO 65248
D. No price listed
E. Critique not available.

A. *Nutrition in the Classroom*
B. K — 6th
C. California State Department of Education
Sacramento, CA
D. No price listed
E. Critique not available.

A. *Snack Pack: School Nutrition Activity Curriculum for Kids*, 1978
B. K — 6th
C. Allegheny Intermediate Unit
Suite 1300 — Two Allegheny Center
Pittsburgh, PA 15212
D. No price listed
E. Critique not available.

A. *Units in Nutrition for the Elementary School*
B. K — 6th
C. School Food Service Program
751 Northwest Boulevard
Columbus, OH 43212
D. No price listed
E. Critique not available.

A. *Big Ideas in Nutrition Education and How to Teach Them*
B. 4th — 6th
C. Dairy Council of California
2775 Cottage Way
Sacramento, CA 95825
D. No price listed
E. Critique not available.

III. Curriculum guides (continued)

A. *Education Nutritionelle*, 1978
B. 4th — 6th
C. Centre National de Coordination des Etudes et Recherches sur la Nutrition et L'Alimentation, Multimedia, B.P. 204
Paris, France 75001
D. No price listed
E. Critique not available.

A. *Food Makes Me — Activity Guide for Nutrition Education, Grades 4-6*
B. 4th — 6th
C. California State Dept. of Education
Nutrition Education Project
Sacramento, CA 95814
D. No price listed
E. Critique not available.

A. *Nutrition Now (Teacher's Manual)*, 1974
B. 4th — 6th
C. Pittsburgh Public and Diocesan Schools
Administrative Bldg., Bellefield Ave. at Forbes Ave.
Pittsburgh, PA 15213
D. $7.50
E. Critique not available.

A. *The Rutgers Conference* #C200
B. Author Not Listed
C. American School Food Service Association (ASFSA)
4101 E. Iliff Avenue
Denver, CO 80222
D. $.35

A. *ASFSA Youth Advisory Councils* #D500
B. Author Not Listed
C. American School Food Service Association (ASFSA)
4101 E. Iliff Avenue
Denver, CO 80222
D. N/C

A. *Who's Who In School Food Service* #E600
B. Author Not Listed
C. American School Food Service Association (ASFSA)
4101 E. Iliff Avenue
Denver, CO 80222
D. N/C

A. *School Food Service Research Needs* #E760
B. Author Not Listed
C. American School Food Service Association (ASFSA)
4101 E. Iliff Avenue
Denver, CO 80222
D. $.75

A. *Background & Issues Paper on School Food Service and Child Nutrition Programs* #F400
B. Author Not Listed
C. American School Food Service Association (ASFSA)
4101 E. Iliff Avenue
Denver, CO 80222
D. N/C

A. *ASFSA Officers, Committess, and State Presidents* #G200
B. Author Not Listed
C. American School Food Service Association (ASFSA)
4101 E. Iliff Avenue
Denver, CO 80222
D. N/C

A. *The School Food Service Director* #A100
B. Author Not Listed
C. American School Food Service Association (ASFSA)
4101 E. Iliff Avenue
Denver, CO 80222
D. $1.00

A. *A Guide for Financing School Food & Nutrition Services* #A200
B. Author Not Listed
C. American School Food Service Association (ASFSA)
4101 E. Iliff Avenue
Denver, CO 80222
D. $1.00

A. *The School Administrator & the Food Service Program* #A500
B. Author Not Listed
C. American School Food Service Association (ASFSA)
4101 E. Iliff Avenue
Denver, CO 80222
D. $2.50

A. *Nutrition Education — Catalyst for Change* #D700
B. Author Not Listed
C. American School Food Service Association (ASFSA)
4101 E. Iliff Avenue
Denver, CO 80222
D. $2.95

III. Curriculum guides (continued)

A. *Bibliography of Nutrition and Nutrition Education*
B. Author Not Listed
C. American School Food Service Association (ASFSA)
4101 E. Iliff Avenue
Denver, CO 80222
D. $1.00

A. *Competency-Based Education for School Food Service Personnel/Why-How?* #E200
B. Author Not Listed
C. American School Food Service Association (ASFSA)
4101 E. Iliff Avenue
Denver, CO 80222
D. $1.00

A. *Nutrition Behavior, and Change*, 1972
B. Helen H. Gifft and Marjorie B. Washbon and Gail G. Harrison
C. Prentice-Hall, Inc.
Englewood Cliffs, NJ
D. $12.95

A. *Roberts' Nutrition Work With Children*, 1978
B. Ethel Austin Martin
C. The University of Chicago Press
Chicago, IL
D. No price listed

A. *Nutrition For the Growing Years*, 1975
B. Margaret McWilliams
C. John Wiley and Sons, Inc.
New York, NY
D. $12.50

A. *Teach Nutrition With Games*, 1968
B. Author not listed
C. Montclair State College
Upper Montclair, N.J.
D. $1.50

A. *Introductory Nutrition*, 1979
B. Helen A. Guthrie
C. 4th edition, C.V. Mosby
St. Louis, MO
D. $11.50

A. *Understanding Nutrition*, 1977
B. Eleanor Noss Whitney
C. St. Paul, West Publishing Co.
D. No price listed

A. *Food Facts For Young People*, 1968
B. P. Arnold and P. White
C. New York: Holiday House, Inc.
D. $4.95

A. *Introduction to Nutrition*, 1971
B. H. Fleck
C. Second edition MacMillan Co.
D. $8.95

A. *Understanding Food*
B. L. H. Kotschevar and M. McWilliams
C. John Wiley and Sons, Inc.
D. $7.95

A. *U.S. Nutrition Policies in the Seventies*
B. J. Mayer
C. W.H. Freeman & Co.
San Francisco, CA
D. Cloth $7.95; paper $3.95

A. *Fundamentals of Normal Nutrition*, 1972
B. C. H. Robinson
C. New York: The MacMillan Co.
D. $9.50

A. *The No-Nonsense Guide to Food and Nutrition*
B. M. McGill and O. Pye
C. Butterick Publishing
708 Third Ave.
New York, NY 10017
D. $5.95

A. *Change Your Habits to Change Your Shape*
B. J. Skeda
C. Bull Publishing Co.
Box 208
Palo Alto, CA 94302
D. $4.95

A. *Sensible Nutrition Makes the Scene*, 1970
B. 4th — 6th
C. California School Food Service Association
3303 Wilshire Blvd., Suite 540
Los Angeles, CA 90010
D. Price $1.25
E. Critique not available.

A. *Discovering Nutrition*, 1974
B. K — 12th
C. Mrs. Joyce Taylor
Executive Director
Missouri Home Economics Association

III. Curriculum guides (continued)

Rt. #3
Fayette, MO 65248
D. No price listed
E. Critique not available.

A. *Nutrition Education: An Interdisciplinary Approach (Revised Edition)*, 1978
B. K — 12th
C. Luzerne Intermediate Unit 18
Kingston, PA 18704
D. No price listed
E. Critique not available.

A. *Nutrition Education Handbook*, 1970
B. K — 12th
C. South Carolina Dept. of Education
Columbia, SC 29201
D. No price listed
E. Critique not available.

A. *Nutrition Lessons*, 1975
B. K — 12th
C. American School Food Service Association
Denver, CO
D. No price listed
E. Critique not available

A. *A Resource Handbook for Teaching Nutrition in the Elementary School*, 1970
B. K — 12th
C. College of Education
Dept. of Home Economics
Athens, GA 30602
D. No price listed
E. Critique not available

A. *Curriculum Guide for Health Education: Nutrition*, 1976
B. 7th — 12th
C. Ronald L. McKeen
The Catholic University of America
Washington, DC 20036
D. Price $12.50
E. Critique not available.

A. *Focus on Nutrition: A Teacher's Handbook for Nutrition Education*, 1973
B. 7th — 12th
C. Massachusetts Dept. of Education
182 Tremont Street
Boston, MA 02111
D. Price $2.50
E. Critique not available.

A. *Mini Units in Nutrition*, 1975
B. 7th — 12th
C. James B. Kendrick, Jr.
Cooperative Extension
University of California
2200 University Ave.
Berkeley, CA 94720
D. No price listed
E. Critique not available

A. *Teenage Dieting — Harmful or Helpful? — PA Curriculum Series on Nutrition — Portfolio II*, 1977
B. 7th — 12th
C. PA Dept. of Education
Bureau of Administration and Management
Support Services
Harrisburg, PA
D. No price listed
E. Critique not available.

A. *Nutrition and Food*, 1973
B. 9th — 12th
C. Arizona Department of Education
Home Economics Education
1535 Jefferson
Phoenix, AZ 85007
D. No price listed
E. Critique not available.

A. *Nutrient Density, Nutrition Education Curriculum*
B. Grades K — 6th
C. Utah State University
Dept. of Nutrition and Food Sciences
Logan, UT 84322
D. No price listed
E. With fewer and fewer meals eaten as a family experience, the growing popularity of quick-order restaurants, and the wide-spread consumption of snack foods, every member of the family must be able to identify nutritious foods and select a well-balanced diet. The present generation of children, therefore, has a special need for sound, relevant nutrition education.

IV. Teacher Reference Books and Cookbooks

A. *Nutritive Value of Foods* (HG 72)
B. Catherine F. Adams, Martha Richardson
C. Superintendent of Documents
U.S. Government Printing Office
Washington, DC 20402
D. $1.80

IV. Teacher Reference Books and Cookbooks (continued)

A. *Nutritive Value of American Foods in Common Units* (AH 456)
B. Author Not Listed
C. Superintendent of Documents
U.S. Government Printing Office
Washington, DC 20402
D. $5.15

A. *Calories and Weight: The USDA Pocket Guide* (AB 362)
B. Author Not Listed
C. Superintendent of Documents
U.S. Government Printing Office
Washington, DC 20402
D. $1.00

A. *Nutrition Labeling — Tools for Its Use* (AB 382)
B. Author Not Listed
C. Superintendent of Documents
U.S. Government Printing Office
Washington, DC 20402
D. $1 15

A. *Present Knowledge in Nutrition*
B. 64 Contributors
C. The Nutrition Foundation
Office of Education
888 17th Street, N.W.
Washington, DC 20006
D. $8.50

A. *Chronology of Nutrition*
B. Author Not Listed
C. The Nutrition Foundation
Office of Education
888 17th Street, N.W.
Washington, DC 20006
D. N/C

A. *Nutrition Misinformation and Food Faddism*
B. Author Not Listed
C. The Nutrition Foundation
Office of Education
888 17th Street, N.W.
Washington, DC 20006
D. $2.50

A. *Renaissance of Nutrition Education*
B. Author Not Listed
C. The Nutrition Foundation
Office of Education
888 17th Street, N.W.
Washington, DC 20006
D. N/C

A. *Guidelines for a National Nutrition Policy*
B. Author Not Listed
C. The Nutrition Foundation
Office of Education
888 17th Street, N.W.
Washington, DC 20006
D. N/C

A. *Nutrition Science: Overview of American Genius*
B. Author Not Listed
C. The Nutrition Foundation
Office of Education
888 17th Street, N.W.
Washington, DC 20006
D. N/C

A. *Food Science and Technology*
B. Author Not Listed
C. The Nutrition Foundation
Office of Education
888 17th Street, N.W.
Washington, DC 20006
D. N/C

A. *Through a Glass Darkly*
B. Author Not Listed
C. The Nutrition Foundation
Office of Education
888 17th Street, N.W.
Washington, DC 20006
D. N/C

A. *Conference on Education in Nutrition — Looking Forward from Past*
B. Author Not Listed
C. The Nutrition Foundation
Office of Education
888 17th Street, N.W.
Washington, DC 20006
D. N/C

A. *Proceedings of Nutrition Education Conference*
B. Author Not Listed
C. The Nutrition Foundation
Office of Education
888 17th Street, N.W.
Washington, DC 20006
D. N/C

A. *Index of Nutrition Education Materials*
B. Author Not Listed
C. The Nutrition Foundation
Office of Education

888 17th Street, N.W.
Washington, DC 20006
D. $8.50

A. *Teaching Manual on Food & Nutrition for Non-Science Majors*
B. Author Not Listed
C. The Nutrition Foundation
Office of Education
888 17th Street, N.W.
Washington, DC 20006
D. $6.00

A. *Self-Instruction* (Student)
B. Author Not Listed
C. The Nutrition Foundation
Office of Education
888 17th Street, N.W.
Washington, DC 20006
D. $1.75

A. *Teacher's Manual and Transparency Masters*
B. Author Not Listed
C. The Nutrition Foundation
Office of Education
888 17th Street, N.W.
Washington, DC 20006
D. $5.00

A. *Recommended Dietary Allowances, Eighth Edition* (#0-309-02216-9)
B. Author Not Listed
C. National Academy of Sciences, 1974
Printing and Publishing Office
2101 Constitution Avenue
Washington, DC
D. $4.25

A. *Improvement of Nutritive Quality of Foods*, A Policy Statement of the Food and Nutrition Board
B. Author Not Listed
C. National Academy of Sciences, 1974
Printing and Publishing Office
2101 Constitution Avenue
Washington, DC
D. N/C

A. *Diet and Coronary Heart Disease*
B. A joint statement of the Food and Nutrition Board and the Council on Foods and Nutrition of the A.M.A.
C. National Academy of Sciences, 1972
Printing and Publishing Office
2101 Constitution Avenue
Washington, DC
D. N/C

A. *Vegetarian Diets*
B. A statement of the Food and Nutrition Board, prepared by the Committee on Nutritional Misinformation
C. National Academy of Sciences, 1974
Printing and Publishing Office
2101 Constitution Avenue
Washington, DC
D. N/C

A. *What Have You Been Eating? Do You Really Know?*
B. Margaret Hyde & Elizabeth Forsyth
C. McGraw-Hill Book Co.
1221 Avenue of the Americas
New York, NY 10020
D. $6.95

A. *Slapdash Cooking*
B. Carol Barkin and Elizabeth James
C. Lathrop, Lee & Shepard Co.
105 Madison Ave.
New York, NY 10016
D. $5.75

A. *Dictionary of Nutrition*
B. Richard Ashley and Heidi Duggal
C. Pocket Books, a Simon & Schuster Div., Gulf Western Corporation
1230 Avenue of the Americas
New York, NY 10020
D. $2.25

A. *Food Becomes You*
B. R. M. Leaerton
C. Doubleday & Co., Inc.
501 Franklin Ave.
Garden City, NY 11530
D. $1.95

A. *Creative Food Experiences for Children*
B. Mary T. Goodwin and Gerry Pollen
C. Center for Science in the Public Interest
1755 S. Street, N.W.
Washington, DC 20009
D. $4.50

A. *Family Guide to Better Food and Better Health*
B. Ronald Deutsch

IV. Teacher Reference Books and Cookbooks (continued)

C. Bull Publishing Co.
P. O. Box 208
Palo Alto, CA 94302
D. $2.25

A. *Realities of Nutrition*
B. Ronald Deutsch
C. Bull Publishing Co.
P. O. Box 208
Palo Alto, CA 94302
D. $7.50

A. *The 21st Century Cookbook*
B. Florence H. Aldrich and Marilyn D. Patrick
C. Ermine Publishers, Inc.
6253 Hollywood Blvd., Suite 312
Hollywood, CA 90028
D. $14.95

A. *Health Education: The Search for Values*
B. Donald A. Read, Sidney B. Simon & Joel B. Goodman
C. Prentice-Hall, Inc.
Box 901
Englewood Cliffs, NJ 07632

A. *Nutrition for Today*
B. Thora J. Runyon
C. Harper and Row Publishers, Inc.
10 E. 53rd Street
New York, NY 10022
D. $14.95

A. *Health Education: A Process For Human Effectiveness*
B. David A. Bedworth and Albert E. Bedworth
C. Harper and Row Publishers, Inc.
10 E. 53rd Street
New York, NY 10022
D. $11.95

A. *Nutrition For Today*
B. Roslyn Alfin-Slater & Lilla Aftergood
C. Wm. C. Brown Co.
2460 Kerper Blvd.
Dubuque, IA 52001
D. $1.95

A. *Classroom Cookery* #048
B. Nancy Mehagian & Nancy Wagner
C. Cypress Publishing Co.
1763 Gardena Ave.
Glendale, CA 91204
D. $31.00/set of 4

A. *How To Enjoy Eating Without Committing Suicide*
B. Charles D. Ewart
C. Cornerstone Library, Inc. — Div. of Simon & Schuster, Inc.
1230 Avenue of the Americas
New York, NY 10020
D. $1.50

A. *Pure and Simple*
B. M. Burros
C. Wm. Morrow & Co., Inc.
Wilmore Warehouse
6 Henderson Dr.
West Caldwell, NJ 07006
D. $9.95

A. *Better Food For Public Places: A Guide for Improving Institutional Food*
B. Ann Moyer
C. Rodale Press, Inc.
33 E. Minor Street
Emmaus, PA 18049
D. $4.95

A. *Cool Cooking For Kids*
B. Pat McClenahan and Ida Jaqua
C. Fearon-Pitman Publ. Co.
6 Davis Drive
Belmont, CA 94002
D. $6.95

A. *Metric Milk Shakes and Witches' Cakes*
B. Georgia Johnson and Gail Povey
C. Citation Press/Scholastic Book Serv.
50 W. 44th Street
New York, NY 10036

A. *Many Hands Cooking*
B. Terry Touff Cooper and Marilyn Ratner
C. U.S. Committee for UNICEF
331 E. 38th Street
New York, NY 10016
D. $4.00

A. *Betty Crocker's Cookbook for Boys and Girls*
B. General Mills
C. Golden Press Div.
Western Publishing Co., Inc.
1220 Mound Ave.
Racine, WI 53404
D. $2.95

A. *The Kid's Cookbook*
B. Patricia Barrett and Rosemary Dalton

IV. Teacher Reference Books and Cookbooks (continued)

C. Nitty Gritty Publishing Co.
P. O. Box 5457
Concord, CA 94524
D. $3.95

A. *Foods of the Frontier*
B. Gertrude Harris
C. 101 Productions, c/o Charles Scribner's Sons
Book Warehouse
Vreeland Ave.
Totowa, NJ 07512
D. $4.95

A. *Naturally Delicious Desserts and Snacks*
B. Faye Martin
C. Rodale Press, Inc.
33 E. Minor Street
Emmaus, PA 18049
D. $14.95

A. *Cooking In the Classroom*
B. Janet Bruno and P. Dakan
C. Fearon-Pitman Publishing Co.
6 Davis Drive
Belmont, CA 94002
D. $3.25

A. *Naturally Delicious Cookbook*
B. Donna M. Paananen
C. Ideals Publishing Corp.
Milwaukee, WI 53201
D. $2.50

A. *New Nuts Among the Berries*
B. Ronald Deutsch
C. Bull Publishing Co.
P.O. Box 208
Palo Alto, CA 94328
D. $4.95

A. *Love At First Bite*
B. Jane Cooper
C. Random House Publishing Co.
455 Hahn Road
Westminster, MD 21157
D. $5.99

A. *Kids Are Natural Cooks*
B. Parents Nursery School
C. Houghton-Mifflin Co.
Wayside Road
Burlington, MA 01803
D. $4.95

A. *Peter Rabbit's Natural Foods Cookbook*
B. Arnold Dobrin
C. Frederick Warne & Co., Inc.
101 5th Avenue
New York, NY 10003
D. $6.95

A.* *Diet For A Small Planet* (*recommended with reservations)
B. Francis Lappe
C. Ballantine Books, Inc., Div. Random House
201 East 50th Street
New York, NY 10022
D. $1.95

A. *The Natural Snack Cookbook*
B. Jill Pinkwater
C. Four Winds Press, Scholastic Book Service
50 W. 44th Street
New York, NY 10036
D. $9.95

A. *The Vitamin Puzzle*
B. Malcom E. Weiss & Ann E. Weiss
C. Julian Messner, Div. Simon & Schuster
1230 Avenue of the Americas
New York, NY 10020
D. $7.29

A. *Food For Fitness and Sports*
B. Ellen Voelckers
C. Richard Rosen Press, Inc.
29 E. 21st St.
New York, NY 10010
D. $7.97

A. *The Cell — Time Life Books*
B. John Pfeiffer
C. Silver Burdett Publ. Co.
250 James St.
Morristown, NJ 07960
D. $10.20

A. *Reduce and Stay Reduced On the Prudent Diet*
B. Norman Joliffe
C. Fireside Book, Div. Simon & Schuster Publishing Co.
1230 Avenue of the Americas
New York, NY 10020
D. $1.95

A. *Fat Free*
B. Sara Gilbert

IV. Teacher Reference Books and Cookbooks (continued)

C. McMillan Publishing Co., Inc.
Order Dept., Front & Brown Sts.
Riverside (Burlington County), NJ 08075
D. $1.95

A. *School Lunch Worker Other Than Director or Supervisor* #A300
B. Author Not Listed
C. American School Food Service Association (ASFSA)
4101 E. Iliff Avenue
Denver, CO 80222
D. $.50

A. *Fast Food Gets An "A" In School Lunch*
B. Len Fredrick
C. CBI Publishing Company, Inc.
51 Sleeper Street
Boston, MA 02210
D. $16.95

V. Major journals in nutrition education

A. *Journal of Nutrition Education*
B. Society for Nutrition Education
2140 Shattuck Ave.
Berkeley, CA 94704
C. $14.00/yr

A. *Forecast for Home Economics*
B. Scholastic Publishers
50 West 44th Street
New York, NY 10036
C. $8.00/yr

A. *School Food Service Journal*
B. American School Food Service Association
1401 East Iliff Avenue
Denver, CO 80222
C. $20.00/yr

A. *Food Technology*
B. Institute of Food Technologists
221 North LaSalle Street
Chicago, IL 60601
C. $30.00/yr

A. *Journal of the American Dietetic Association*
B. American Dietetic Association
430 North Michigan
Chicago, IL 60611
C. $24.00/yr

A. *Journal of Home Economics*
B. American Home Economics Association
2010 Massachusetts Ave., N.W.
Washington, DC 20036
C. $13.00/yr

A. *Journal of Nutrition*
B. American Institute of Nutrition
9650 Rockville Pike
Bethesda, MD 20014
C. $38.00/yr

A. *Illinois Teacher of Home Economics*
B. U. Of Ill. at Champaign/Urbana
Div. of Home Economics Education
351 Education Bldg.
Urbana, IL 61801
C. $7.50/yr

VI. Sources of free and inexpensive material

1. *Professional Associations*

A. American Dietetic Association
B. 430 N. Michigan Ave.
Chicago, IL 60611
C. Specific nutrition information for advanced teaching situations.

A. National Academy of Sciences
B. Printing and Publishing Office
2101 Constitution Ave. NW
Washington, DC 20418

A. National Nutrition Education Clearing House
B. Service of the Society for Nutrition Education
2140 Shattuck Avenue, Suite 1110
Berkeley, CA 94704
C. The NHECH publishes current annotated bibliographies, resource leaflets and reference lists.

A. Food and Nutrition Information & Educational Materials Center
B. National Agricultural Library, Room 304
Beltsville, MA 20705
C. The center is designed to disseminate information on school food service training. Their annotated bibliographies include information on Consumer Education, Nutritional Science and Nutrition Education, History, Food Standards and Legislation, Management, Menu Planning, Food Production, Equipment, Sanitation, Safety, etc.

A. Nutrition Foundation
B. Office of Education
888 Seventeenth St. NW
Washington, DC 20006

VI. Sources of free and inexpensive materials (continued)

A. Milk Foundation, Inc.
B. 150 N. Wacker Dr., Suite 1234
Chicago, IL 60606

A. American Medical Association
B. Communications Division
535 N. Dearborn Street
Chicago, IL 60602
C. Free publications list and sample materials.

A. American School Food Service Association (ASFSA)
B. Publications Department
4101 E. Iliff Avenue
Denver, CO 80222
C. Free publications order form listing materials available for school foodservice applications.

A. Heart Association
B. 20 N. Wacker Drive
Chicago, IL 60606
C. Many articles, pamphlets and a listing of films available for public use.

2. *Food Industry and Related Firms*

A. General Foods Corp.
B. General Foods Consumer Center
250 North Street
White Plaines, NY 10625

A. Kellogg Company
B. Dept. of Home Economics Services
235 Porter Street
Battle Creek, MI 49016

A. Green Giant Company
B. LeSueur, MN 56058

A. Del Monte Kitchens
B. P. O. Box 4115
Clinton, IA 52732

A. General Mills, Inc.
B. Educational Services
Dept. of Public Services
9200 Wayzate Blvd.
Minneapolis, MN 55426

A. Carnation Company
B. Food Service Division
5045 Wilshire Blvd.
Los Angeles, CA 90036
C. Type A menu materials and posters.

A. Campbell Soup Company
B. Home Economics Div
Campbell Place
Camden, NJ 08101

A. Kansas Wheat Commission
B. 1021 N. Main Street
Hutchinson, KS 67501
C. Leaflets on carbohydrates, protein, fats, vitamins and minerals.

A. Metropolitan Life Insurance Company
B. Health Education Editor
One Madison Avenue
New York, NY 10010

A. Ross Laboratories
B. Div. of Abbott Lab., USA
Columbus, OH 43216

A. McDonald's Nutrition Action Packs
B. P.O. Box 2594
Chicago, IL 60690

A. Stokely-Van Camp, Inc
B. Home Economics Dept.
941 N. Meridan Street
Indianapolis, IN 46206

A. National Live Stock & Meat Board
B. 444 N. Michigan Avenue
Chicago, IL 60611

A. Kraft, Inc.
B. Dept. E.
P.O. Box 4611
Chicago, IL 60677
C. Information booklets developed for the general public and for classroom use.

A. Proctor and Gamble Company
B. P.O. Box 599
Cincinnati, OH 45201

A. Quaker Oats Company
B. Home Economics Dept.
Merchandise Mart Plaza
Chicago, IL 60654

A. Swift and Company
B. Office of Public Responsibility
115 W. Jackson Blvd.
Chicago, IL 60604

VI. Sources of free and inexpensive materials (continued)

A. The Pillsbury Company
B. Department of Nutrition
840 C. Pillsbury Bldg.
Minneapolis, MN 55402

A. Standard Brands, Inc.
B. P.O. Box 2695
Grand Central Station
New York, NY 10017

A. H. J. Heinz Company
B. Consumer Affairs Department
P.O. Box 57
Pittsburg, PA 15230

A. Jewel Food Stores
B. Consumer Affairs Dept.
1955 W. North Ave.
Melrose Park, IL 60960

A. Florida Dept. of Citrus
B. P.O. Box 148
Lakeland, FL 33802
C. Series of posters for lunch and breakfast plus numerous nutrition oriented pamphlets and handouts.

3. *Government Agencies*

A. Special Reports Division
B. Office of Governmental & Public Affairs
U.S. Dept. of Agriculture
Washington, DC 20250

A. U.S. Dept of H.E.W.
B. Public Health Service
Food and Drug Administration
Office of Public Affairs
5600 Fischers Lane
Rockville, MA 20857

VII. Games and teacher created materials

(Available for *free loan* at NEC)

A. *Elementary Nutrition Posters* (28" x 40")
B. Elementary
C. Pillsbury Company
Box 60-090, Dept. 378
Minneapolis, MN 55460
D. $1.50

A. *Four Food Group Poster* (11" x 15")
B. Elementary
C. Pillsbury Company
Box 60-090, Dept. 378
Minneapolis, MN 55460
D. $3.50

A. *Poppin' Swap Game*
B. Elementary
C. Pillsbury Company
Box 60-090, Dept. 378
Minneapolis, MN 55460
D. $27.50

A. *Poppin' Swap*
B. Jr. High School Age and Up
C. Pillsbury Company
Box 60-090, Dept. 378
Minneapolis, MN 55460
D. $5.00

A. *Teach Nutrition With Games*
B. Elementary
C. Nutrition Education Service
Montclair State College
Upper Montclair, NY 07043
D. $1.00

A. *Menu Rummy*
B. 4th — 8th
C. University of Minnesota
Institute of Agriculture
c/o Bulletin Room
St. Paul, MN 55101
D. $1.00

A. *The Calorie Game*
B. Jr. High School Age and Up
C. Graphics Company
P.O. Box 331
Urbana, IL 61801
D. $9.95

A. *The Nutrition Game*
B. Jr. High School Age and Up
C. Graphics Company
P.O. Box 331
Urbana, IL 61801
D. $9.95

A. *A Cook's Guide to Do-It-Yourself Food Art* #A400
B. Elementary
C. American School Food Service Association (ASFSA)
4010 East Iliff Avenue
Denver, CO 80222
D. $.15

VII. Games and teacher created materials (continued)

A. *Fun With Foods Coloring Book* #D200
B. Elementary
C. American School Food Service Association (ASFSA)
4101 East Iliff Avenue
Denver, CO 80222
D. $.60

A. *Activity Fun With Foods* #D300
B. Elementary
C. American School Food Service Association (ASFSA)
4101 East Iliff Avenue
Denver, CO 80222
D. $.60

A. *Yummy Rummy Game*
B. All Ages
C. American School Food Service Association (ASFSA)
4101 East Iliff Avenue
Denver, CO 80222
D. $1.25

A. *Soup's On*
B. All Ages
C. Didactron, Inc.
P.O. Box 1501
Ann Arbor, MI 48106
D. $10.00

A. *Wheels*
B. Jr. High School Age and Up
C. Didactron, Inc.
P.O. Box 1501
Ann Arbor, MI 48106
D. $12.00

A. *Food-O-Game*
B. All Ages
C. Cooperative Extension Service
Washington State University
Pullman, WA 99163
D. $.85

A. *Food-O*
B. 3rd — 6th
C. Cooperative Extension Service
Washington State University
Pullman, WA 99163
D. $.85

A. *The Food Fun Songbook*
B. Primary and Intermediate
C. Virginia Polytechnic Institute & State University
Department of Human Nutrition & Foods
College of Home Economics
Blacksburg, VA 24061
D. $4.25

A. *A Teacher's Guide To Learning Nutrition Through Discovery*
B. K — 6th
C. Martha Van Rensselaer Hall
c/o Duplicating Services
Cornell University
Ithaca, NY 14850
D. $1.35

A. *Balanced Meals* (flannel board)
B. K — 6th
C. The Instructo Corp.
McGraw-Hill
Paoli, PA
D. No price listed

A. *The Four Food Groups for Better Meals Game*
B. K — 6th
C. Superintendent of Documents
U.S. Government Printing Office
Washington, DC 20402
D. $3.95

A. *Health and Fitness for Beginners*
B. K — 6th
C. The Instructor Publications, Inc.
Danville, NY
D. No price listed

A. *Judy — See Quees* (puzzle)
B. K — 6th
C. Judy Instructional Aids
The Judy Co., Sales Office
250 James Street
Morristown, NJ 07960
D. No price Listed

A. *Nourish: The Nutrition Card Games*
B. 3rd and above
C. Fun With Food
Belmont, CA
D. No price listed

A. *Super Sandwich*
B. 3rd and above
C. Teaching Concepts, Inc.
New York, NY
D. No price listed

VII. Games and teacher created materials (continued)

A. *Yardsticks for Nutrition*
B. K — 6th
C. Cornell University
Ithaca, NY
D. No price listed